## Alternate Modalities: Going Beyond Live Video & RPM

May 28, 2021



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Today's webinar

California Health Care Foundati



## Welcome and Introduction to the Webinar

Mei Wa Kwong, JD Executive Director Center for Connected Health Policy



#### About the California Telehealth Policy Coalition



#### CALIFORNIA TELEHEALTH POLICY COALITION



In 2011 when AB 415, the Telehealth Advancement Act, was winding its way through the legislative process, an ad hoc group of statewide organizations supporting the bill formed. Including such groups as the California Primary Care Association, the California Hospital Association and the California Rural Health Association, these groups met in meetings convened by CCHP in order to be apprised of any developments around AB 415 and share information with each other.

With the successful passage of AB 415, the group continued to meet and eventually formed into the California Telehealth Policy Coalition. From a handful of organizations, the membership has grown to include over eighty-five entities

that include consumer groups, medical systems, payers, providers, technology representatives and others. CCHP continues to act as the convener of the Coalition and hosts monthly conference calls with continued support from the California Health Care Foundation in this work.





Please visit our website for more information or if you are interested in joining.

https://www.cchpca.org/about/projects/california-telehealth-policy-coalition

#### Purpose and key objectives of today's webinar

Discuss the alternative modalities that have been employed during the pandemic.

- **Discuss what alternative modalities have been used** that are not the typical telehealth modalities of live video and remote patient monitoring.
- Discuss the impact on patients on having these alternative modalities available to them to receive health services.
- What have been the benefits/limitations of these alternative modalities.
- **Post-pandemic**, if these alternative modalities are no longer available, how will that affect patient care?

#### Agenda and preliminary announcements

#### Welcome

Mei Wa Kwong, Executive Director, Center for Connected Health Policy

#### **Today's Moderator**

Dr. Anthony Magit, Rady Children's Hospital, University of California, San Diego

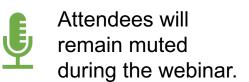
#### The Patient Experience

Adrianna

#### **Panelist Session Speakers**

- Lisa Matsubara, General Counsel & Vice President of Policy, Planned Parenthood Affiliates of California
- Rajat Simhan, MBA, Chief Integration Officer, San Joaquin General Hospital
- Sara Schnaitter, LCSW, Clinician, School-Based Behavioral Health, University of California, San Francisco, Benioff Children's Hospital, Oakland

Q&A





Please submit any questions you have during the webinar in the Q&A box, not the chat box.

#### PANELISTS

*Lisa Matsubara*, General Counsel & Vice President of Policy, Planned Parenthood Affiliates of California

*Rajat Simhan*, MBA, Chief Integration Officer, San Joaquin General Hospital

Sara Schnaitter, LCSW, Clinician, School-Based Behavioral Health, University of California, San Francisco, Benioff Children's Hospital, Oakland

## PANELIST OPENING REMARKS

## Lisa Matsubara General Counsel & Vice President Planned Parenthood Affiliates of California

### PANELIST OPENING REMARKS

## Rajat Simhan, MBA Chief Integration Officer San Joaquin General Hospital

## PANELIST OPENING REMARKS

Sara Schnaitter, LCSW Clinician, School-Based Behavioral Health University of California, San Francisco, Benioff Children's Hospital, Oakland THE UCSF BENIOFF CHILDREN'S HOSPITAL OAKLAND - SCHOOL BASED BEHAVIORAL HEALTH PROGRAM IS CO-LOCATED WITH THE DIVISION OF ADOLESCENT MEDICINE, SOCIAL SERVICES AND PSYCHIATRY AT YU/CASTLEMONT SCHOOL HEALTH CENTER AND CHAPPELL-HAYES HEALTH CENTER AT MCCLYMOND'S HIGH SCHOOL.



Chappell-Hayes Health Center Opened in 2005 Youth Uprising/Castlemont Health Center Opened in 2006

We serve adolescents ages 11-21 and their families in East and West Oakland, including both students at our primary service schools and surrounding community members.

## WHAT DO WE DO?

We provide **integrated**, **evidenced-based** and **culturally responsive school based behavioral health services** as a part of UCSF Benioff Children's Hospital Oakland's Center for the Vulnerable Child (CVC).

Individual, group and family psychotherapy

On-call assessment for suicidal and homicidal behaviors

Psychiatry services and linkage to medical services.

Consultation to and with school staff, medical providers and other school partners

Health education and outreach

COST Facilitation and Participation - Coordination of Services Team centralizes referrals for mental health, learning and wellness supports for students

Wellness for teachers impacted by vicarious trauma

**Professional Development** 

Trauma Informed Consultation

# USE OF TEXT MESSAGING IN THE PROVISION OF MENTAL HEALTH SERVICES

**Provisions & Considerations** 

HIPAA

Confidentiality

Lack of follow-up or response in safety situations

Alternative contact/caregiver agreements

Benefits & Use/Service Delivery Strategies

Safety

Coaching

Tracking

Access

Confidentiality

**Rapport Building** 

Accomplishments

## PANEL DISCUSSION

Moderator:

 Dr. Anthony Magit, Rady Children's Hospital, University of California, San Diego

Panelists:

- Lisa Matsubara, General Counsel & Vice President, Planned Parenthood Affiliates of California
- Rajat Simhan, MBA, Chief Integration Officer, San Joaquin General Hospital
- Sara Schnaitter, LCSW, Clinician, School-Based Behavioral Health, University of California, San Francisco, Benioff Children's Hospital, Oakland

### Facilitated question and answer



#### Please submit your questions in the Q&A box.

## Thank you to today's sponsors





Contact staff with any questions: Mei Kwong meik@cchpca.org

> Amy Durbin amyd@cchpca.org

Please visit the California Telehealth Policy Coalition website for more information: https://www.cchpca.org/about/projects/california-telehealth-policy-coalition